On May 2, 2012, at 10:32 AM, Stephanie Graupmann <[stephanie\_graupmann@ddouglas.k12.or.us](mailto:stephanie_graupmann@ddouglas.k12.or.us)> wrote:

> Hello, [Parent Name]!

>

> My name is Stephanie Graupmann, and I am a school counseling intern with Portland State, working with Abby McKinnon. [Teacher's name] recommended that I email you. I am currently running the club for girls in the fifth grade, and your daughter has been participating. Recently, she has been asking not to attend because we meet at lunch recess and she feels she needs the recess time to relax and be loud. While I appreciate her advocacy for herself, I'd really like to see her stay in the group for the last two weeks. However, I wanted to check in with you and get your thoughts. Would you prefer that she remain in the group, or get her recess time for energy release? I welcome your insight!

>

> Thank you,

> Stephanie Graupmann

On Wed, May 2, 2012 at 12:10 PM, [Parent] wrote:

Thank you for emailing me.  Although I can understand [Student's name]'s desire to have active time at lunch recess, I would prefer her to finish the club out...especially if there are only two weeks left of club activities.  Please feel free to share our correspondence with her and assure her that finishing what you start is a great way to develop really good life skills.

Please let me know if there is anything else I can help you with.  I would love to hear how she is doing, if you have a chance to tell me.  Thank you for your time, I appreciate your help!

[Parent]

Great! Thanks for your quick response, [parent name]. I am happy to share your thoughts on the matter with her, and will let her know that I feel the same way about the chance practice following through on what is started.

In terms of the group, I think she is learning to respond well to the other girls, who are learning to speak up and say things that bother them. She is receiving their feedback gracefully, and I believe that will be beneficial to her over the long term. She shows a lot of concern for others and compliments the girls on their work, which they are learning to receive in kindness, as well.

[Student's name] is a bright, creative girl with a lot of enthusiasm and humor, so I hope we can channel her energy in positive ways to help her to be very successful in the future!

Stephanie